

From imposter to impact

Why do successful people so often doubt themselves?

Who it is for Professionals who doubt their own abilities

Format Workshop · includes a short self-scan beforehand

Why do successful people so often doubt themselves? Many professionals attribute their success to luck, chance or hard work and structurally underestimate their own qualities.

In this workshop we explore the imposter phenomenon and its influence on visibility, leadership, career development and self-confidence.

Participants gain insight into the psychological mechanisms behind self-doubt and learn how to deploy their talent with more conviction.

What is imposter syndrome?

The imposter phenomenon is the persistent feeling of not being good enough and of being 'found out', despite demonstrable achievement. Many professionals attribute their success to luck, chance or hard work and structurally underestimate their own qualities.

Beforehand, participants can complete a short self-scan as a starting point for the workshop.

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Interested in this workshop?



We tune content and examples to your organisation and goals, from board and executive level to teams.

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